



INTRODUCTION TO MEDICAL QIGONG THERAPY

32 HOUR COURSE

March 29-April 2, 2012

or

April 26-30, 2012

9:00 - 6:00pm



***QiGong is the fastest growing healing modality
in the World!***

Medical Qigong Therapy is one of the four branches of TCM and is the predecessor of Acupuncture. Also known as “Chinese Energetic Medicine”, it is an energy based healing system that is over 5,000 years old. Medical Qigong Therapy has been know to have high success rates in treating illnesses and conditions from anxiety, stress, high blood pressure, asthma, chronic fatigue, arthritis, cancer, and more.

This seminar/workshop introduces you to the powerful theories which support mind/body medicine & qigong. Introduction to Medical Qigong Therapy is designed to walk even the most novice students through the basics of energetic anatomy and physiology in a practical and experiential method while also teaching simple yet extremely effective qigong exercises to promote long term health.

Upon completion of the course you will have in-depth knowledge of the 5 element cycle, the creation of life, the 12 meridians of the body, the 3 dantiens, and how to cultivate, project and heal with Qi. You will be familiar with **Qigong exercises** used for your own **self-healing** and **preventive health** maintenance. The 5 day workshop is loaded with information that will transform how you view your body and your relationship to the environment, your thoughts, emotions and choices. This course is designed to give students an introduction to energy healing that encompasses the vast knowledge of Traditional Chinese Medicine. It is also the entry level for beginning the path as a Medical Qigong Doctor. Medical Qigong is an extensive art and it will have a profound impact on your own self-healing and on those who become your clients. This program is based upon the curriculum that has been established by the International Institute of Medical Qigong.

“Of all the energy medical practices, Qigong has the most developed theoretical basis and has been subjected to the most extensive research.”
-Kenneth Sancier, Ph.D. QiGong Institute

CURRICULUM INCLUDES :

- Energetic Anatomy & Physiology
- Energetic Embryology: 10 lunar months of creation
- 5 Element Creative Cycle: Fire, Earth, Metal, Water, Wood
- Daoist 5 Qigong: Lungs, Spleen, Kidneys, Liver, Heart
- Introduction to Qi Projection
- Six Healing Sounds
- Meditations & Qigong Exercises for Emotional Detoxing
- Introduction to Meditations for Spiritual Enhancement
- 3 main categories of Qigong
- **Over 20 qigong exercises!**

There are no prerequisites and it is open to the general public.

Instructor: Christina J Barea, DP, MMQ is a Daoist Priest, has a Masters in Medical QiGong Therapy and is a Certified Qigong Instructor. Christina is an authorized instructor of the International Institute of Medical Qigong and is an elected member of the Board of Directors of the National QiGong Association. Christina is also a published author of two books: Silver Nautilus award winning, *Qigong Illustrated* and *Scriptures for the Morning & Evening Rites of the Orthodox Oneness*.

*This event will be held in
Flowery Branch, GA 30542*

APPROVED

32 NCCAOM (PDA)

32 NCBTMB (CE)

32 GNA (Contact Hours)

This continuing nursing education activity was approved by the Georgia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Tuition ~~\$795~~ \$495

*\$300 deposit by March 1, 2012

Call or email to reserve your space

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